

Prepared/Ready Made Meals

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Date	Item	Date	Item

Fruits & Vegetables

Date	Item	Date	Item

Freezer Inventory

Meat/Fish

Date	Item	Date	Item

Dairy/Nuts/Bread/Other

Date	Item	Date	Item

Prepared Meals

Fruits & Vegetables

Date

Item	Value
1	10
2	20
3	30
4	40
5	50
6	60
7	70
8	80
9	90
10	100

Date

Item

Meat/Fish

Dairy/Nuts/Bread/Other

Date

Item

Date

Item